

SIRLOIN

WHATS IN THE BOX:

400g of Sirloin in a bag; marinated in garlic, rosemary & thyme, olive oil and Dylan's special dried spices.

WHAT TO DO:

Preheat oven to 185°C

We recommend you season the meat with salt.

Colour the meat on the char grill (or frying pan).

For med rare cook either side for 2–3 mins.

**Fade^{St.}
social**
BY DYLAN MCGRATH

